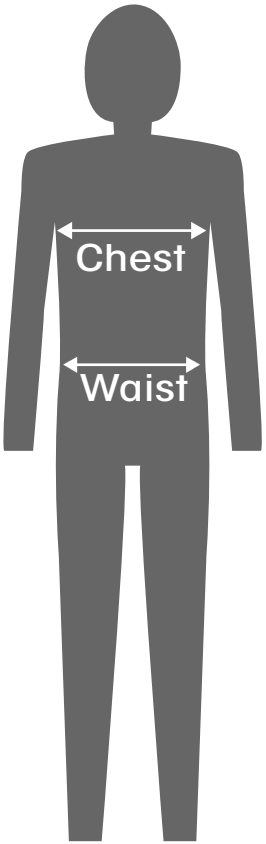
Clothing Guide

DESCRIPTION	SIZE (CM)					
	XS	S	M	L	XL	2XL
CHEST	94	99	104	109	114	119
BOTTOM	90	95	100	105	110	115
SHOULDER	42	43.5	45	46.5	48	49.5
SLEEVE LENGTH	19	20.5	22	23.5	25	26.5
BICEP	34	36	38	40	42	44
CUFF	32	33	34	35	36	37

<Notes>

- *Garment size(s)* is / are the measurement of the actual garmet
- Fitting will vary, even for garments which are the same size
- The sizes indicated for products which feature tucks and pleats are measured with the tucks and pleats opened out.
- Dependig on the characteristics of the fabric used, there would be an error within 1 centimeter (+1cm / -1cm)

Body Measurements



MEN

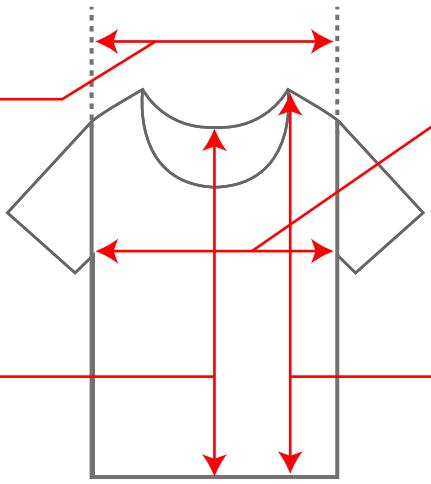
SIZE		XS	S	M	L
Height	ft	5.08-5.4	5.4-5.74	5.74-6.07	5.74-6.07
	cm	155-165	165-175	175-185	175-185
Chest	in	32-35	35-38	38-41	41-44
	cm	80-88	88-96	96-104	104-112
Waist	in	26-28	27-30	30-33	33-36
	cm	66-72	68-76	76-84	84-92

SIZE		XL	XXL	3XL
Height	ft	5.74-6.07	5.74-6.07	5.74-6.07
	cm	175-185	175-185	175-185
Chest	in	44-47	47-50	50-53
	cm	112-120	120-128	128-136
Waist	in	36-39	39-42	42-45
	cm	92-100	100-108	108-116

Nude waist measurement	in	27	28	29	30	31	32	33	34	35
	cm	68	70	73	76	79	82	84	86.5	88
	in	36	37	38	40	42	44	46	48	
	cm	91	94	95	100	106.5	110	115	120	

How To Measure Clothing

Tops



Shoulder Width

Lenght between
the shoulders.

Body Width

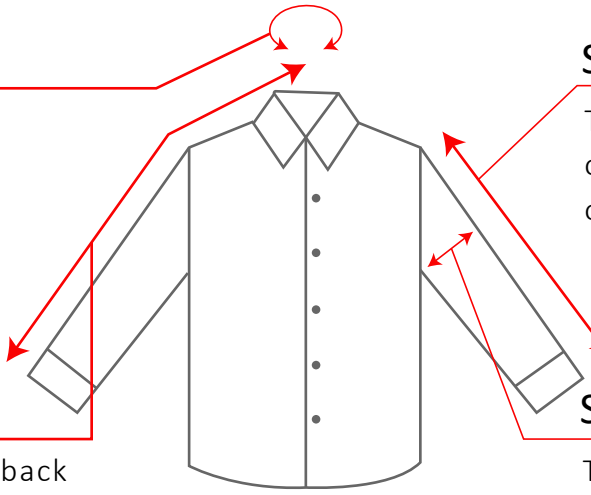
Length between the
stitches below the armpits.

Body Length

The length in the back of the
garment in the center
to the bottom (hem).

Body Length (off-center)

Length between the
edge of the neck
opening to the bottom.



Neck Size

The length of the collor
when flattened,
from the center of the
top button to the edge
of the button hole.

Sleeve Length

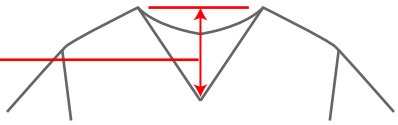
The length between the tip
of the shoulder to the
opeing of the sleeve.

Sleeve Length (CB)

The length between the back
center of the collar to the
edge of the sleeve.

Sleeve Width

The length between the top
of the sleeve, measured
perpendicular to the
fabric's vertical thread.



Front Neck Depth

Height from the neckline.

Collar Stand

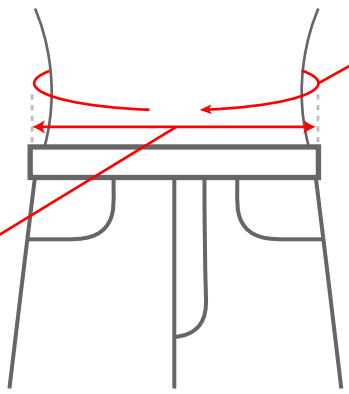
Height from the neckline.

Bottoms

* Select the bottoms based on the waist (nude measurement). However, depending on the product, the waist (product size) and hip (product size) may vary.
so make sure to refer to the product size as well.

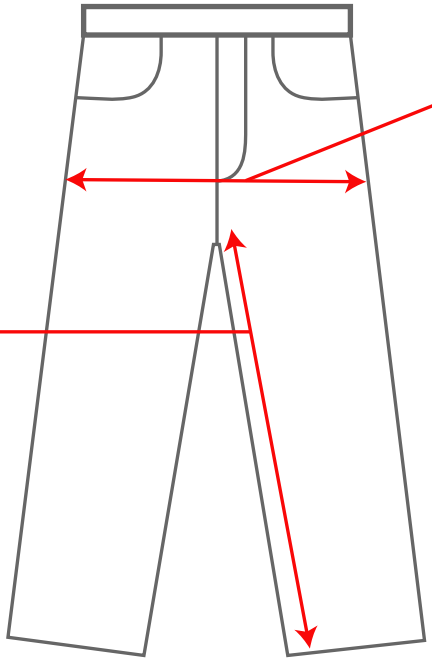
Waist (nude measurement)

The narrowest part of the waist.



Waist (product size)

The actual measurement of the waist part of the product. Measure the width between the two sides and double the number.



Hip

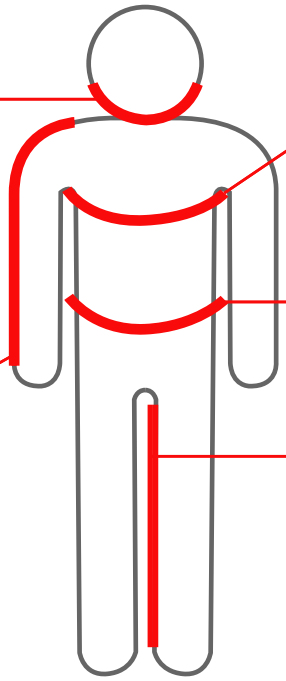
Measure the fullest part of the hip, between the two sides and double the figure.

Inseam (length)

Length measured between the crotch and the hem.

Neck Size

Measure one of the shirts you have around the neck. Flatten the collar and measure from the center of the top button to the furthest edge of the button hole.



Chest/Bust

Waist

Inseam

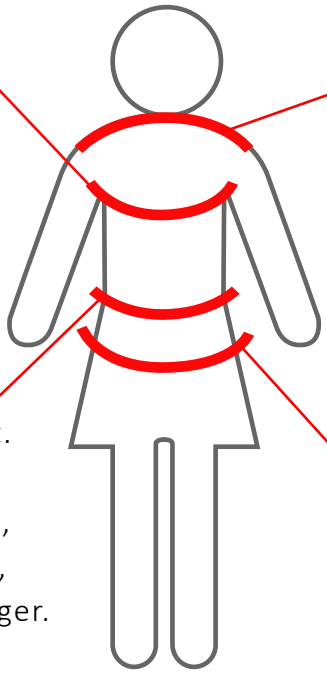
Measure the inseam of the pants you own. Start from the stitches at the crotch to the hem, along the stitches inside the pants.

Chest/Bust

Place the measure tape from bottom of the armpit across the shoulder blades horizontally to measure. For the bust, measure the top of the bust.

Waist

Measure the thinnest part of the waist. However, depending on the produt, some are worn with the dropped waist, Depending on the waist size indicatino, the actual size would be somewhat larger.

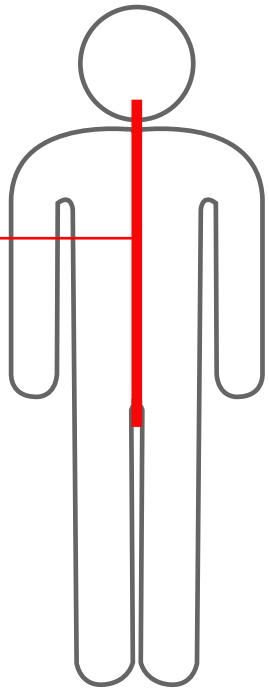


Shoulder Width

Measure between the tips of both shoulders, passing through the bone (cervical vertebrae) that sticks out wehn you tilt your neck forward.

Hip

Standing straight, measure the fullest part of the hip.

Dress Length

Measure the center of the back of the neck to the hem.